

2017
ANNUAL
REPORT



BIG CHANGES OVER THE LAST 10 YEARS

I am delighted to be writing this letter for NUWAY's second Annual Report. In our first Annual Report, David Vennes, Executive Director/CEO focused on NUWAY's history in the recovery community and our goals. This year I would like to provide a perspective based on my involvement with NUWAY - where we are at today and our vision for the future.

I readily agreed to join the Board of Trustees (BOT) in 2010, since most of my medical career had been devoted to helping underserved populations. Little did I know that many of my first BOT meetings would involve discussions around possible bankruptcy and deciding if NUWAY could be acquired or merged with another nonprofit addiction treatment provider. Through much contemplation and prayer, the BOT decided to stay independent, pay our own bills and put a plan in place to refocus our energy to keeping NUWAY's mission and vision alive.

Here we are eight years later since we made that decision and NUWAY's growth has been exponential! Talented people were hired to help us manage our business and treatment services. Today, we have newly renovated residential treatment programs and three successful outpatient programs in Minneapolis and St. Paul.

I am so proud to be a part of this amazing organization. Our board and staff are dedicated to serve our mission to provide extended care treatment. It is gratifying to see the growing number of individuals we can treat with co-occurring substance use and mental health disorders.

We appreciated your continued support of our mission and the goal of freedom from addiction.

Linda Hedemark, MD
Board of Trustees Chair



LETTER FROM THE EXECUTIVE DIRECTOR/CEO

In 2017, NUWAY continued to meet our mission of providing extended care treatment in supportive environments by expanding the R.I.S.E. model's reach. Because of this, we served more people in 2017 than ever before. What does that look like? Check out our Community Impact page. In real terms, that means increased access to affordable, quality care over an extended period. Why is this important? Research shows that treatment engagement over a longer period of time produces the most positive life outcomes for individuals being treated for substance use disorders.

We believe, at NUWAY, we are changing the paradigm of how substance use disorder treatment is being delivered. Serving clients in the same communities they live in allows them to develop support systems and manage their recovery long-term.

We support additional time in treatment by substantially reducing treatment costs. Combining intensive outpatient and recovery residence support creates a unique continuum which addresses dimensions (e.g. Home, Purpose, Community) identified by SAMHSA as promoting a life in recovery.

NUWAY continues our commitment to providing cost-effective, extended care treatment. Your support of our mission is greatly appreciated.

David Vennes has served as NUWAY's Executive Director/CEO since fall of 2008.

IN THE HEART OF
THE RECOVERY
COMMUNITY



THE R.I.S.E. MODEL

The idea of supportive recovery environments is not a new idea. There is a rich history going back as far as the 1830's, with the origins of the Salvation Army, to the time following World War II and the emergence of 12-step houses; and the Oxford houses in the 1970's to present day treatment reflecting the shift from episodic toward continuum based care.

NUWAY has begun to uniquely integrate recovery housing resources with evidence based clinical treatment to create an effective recovery management system. The R.I.S.E. (Recovery In Supportive Environments) model supports a positive recovery environment for clients during their engagement with our Intensive Outpatient Programs (IOP). Clients are eligible to receive recovery residence subsidization contingent upon weekly treatment compliance reflecting outcome based goals (sobriety, attendance, behavior, etc.).

THE R.I.S.E. MODEL IS EVIDENCE BASED

- Supports safety & stability
- Encourages social development
- Supports ability to access daily treatment services
- Enhances treatment compliance
- Offers opportunity to develop autonomy

THE BENEFITS AND OUTCOMES OF R.I.S.E.

- Removes housing barrier early in recovery
- Clients can remain in a recovery residence regardless of whether receiving services from NUWAY
- Empowers client self-efficacy and choice
- Designed to use fewer hours over a longer period allowing client the extended time needed to establish recovery in their community
- Allows clients to work and/or go to school
- Follows best practice

“[NUWAY clients] were tenants during their time in outpatient [treatment], successfully completed the program [at NUWAY] and now five of our six house managers are NUWAY alumni...it's refreshing to see the program working.”

–Recover Residence Partner

THE R.I.S.E. MODEL IS DIFFERENT THAN OTHER MODELS

Recent national headlines have focused on unethical practices involving for-profit treatment providers utilizing recovery housing in manipulative partnerships to exploit vulnerable clients with devastating consequences.

As a non-profit focused solely on mission oriented goals, NUWAY recognizes the necessity to continue educating and informing both the public and the industry that best practices is synonymous with ethical integrity, always placing client need at the forefront of service delivery.

THE R.I.S.E. MODEL IS UNIQUE

NUWAY outpatient clients have the option to live in independently run recovery residences, located in the community of their choice, and have their housing program fees subsidized while they attend treatment.

Additionally, clients receive:

- Twenty hours of licensed co-occurring treatment per week
- One meal during each day of service
- Transportation assistance
- No cost drug testing
- Evidenced based modalities

Recovery Residence Support is provided by over 50 independent providers of sober living throughout the Twin Cities. All recovery residence programs are subjected to formal screening prior to utilization with any client. NUWAY neither owns any recovery housing nor dictates any policy to recovery housing partners.

Recovery residence support:

- Provides a choice in sober living
- Offers safe, supportive sober environment
- Is community based
- Is ASAM (dimension six) focused
- Is an evidence-based practice
- Is available for the duration of treatment



3R's NUWAY Counseling Center



2118 NUWAY Counseling Center



St. Paul NUWAY Counseling Center



NUWAY I



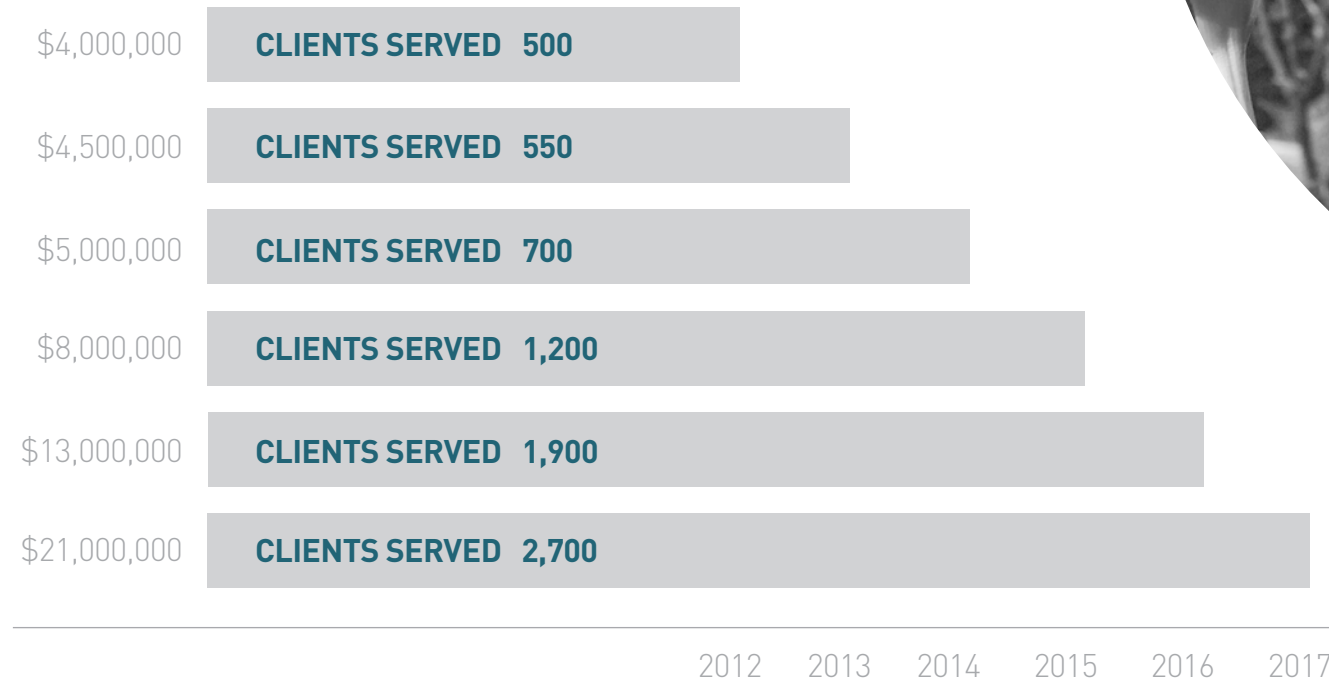
NUWAY II



NUWAY Administration

FINANCIALS

GROWTH HISTORY



NET ASSETS END OF YEAR



NUWAY delivered \$1,500,000 of uncompensated care in 2017.

**2016 Net Assets have been restated to \$8.532 MILLION



"I arrived at NUWAY clinging to the past and with no real belief in a bright and hopeful future. Genuinely, NUWAY has given me a brand new life and a brand new beginning."

-Rob C.

2017 COMMUNITY IMPACT



442

Average # of clients living in supportive recovery environments on a daily basis

Average Length of Stay



Outpatient



Medium-Intensity Residential



317,442 MEALS SERVED

Average # of Clients/Day



382

Outpatient

60

Medium-Intensity Residential

OUTPATIENT SERVICE HOURS

388,000+

RESIDENTIAL CLIENT DAYS

22,000+